

Alfred B. Nobel Charter Middle School

Presents

# *Who Is This Crazy Person Masquerading as My T(w)eenager?*



Thursday, November 1, 2018 from 8:30am – 9:30am

Parent Center Room 2

Please RSVP to [Sayuri.Olivera@lausd.net](mailto:Sayuri.Olivera@lausd.net)

Kent Toussaint is both a Licensed Marriage and Family Therapist and a Licensed Professional Clinical Counselor who specializes in helping kids, teens and their families live happier lives. He is the Founder and Clinical Director of **Teen Therapy Center** in Woodland Hills.

Join us for an exciting and eye opening conversation about developing a better understanding of your adolescent and learn new ways to communicate with your teen/tween without yelling and arguing.

Kent will be leading this interactive, informative and humorous workshop to address the following questions:

1. *How is your child's behavior changing as adolescence progresses? Better yet... Why is your child's behavior changing?*
2. *What can you do to maintain a close relationship built upon trust with your kid as he approaches **teenagerhood**?*
3. *In what way can you help support your pre-teen when her emotions seem out of control?*

These and many other questions about parenting adolescents and understanding their brains will be explored. Please bring your questions, as this workshop will be very interactive.

*This is the time to address those worries that have  
been keeping you up at night about your pre-teen/teenager!*

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For more information, feel free to contact:

**Kent Toussaint, M.A. L.M.F.T. L.P.C.C.**

License No. MFC #44685 / LPC #235  
(818) 697-8555

[Kent@TeenTherapyCenter.com](mailto:Kent@TeenTherapyCenter.com)

6400 Canoga Avenue #312  
Woodland Hills, CA 91367

[www.TeenTherapyCenter.com](http://www.TeenTherapyCenter.com)

